



WOOD END INFANT SCHOOL

Headteacher: Ms Lucy Rodgers

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Friday 30th January 2015

Dear Parents and Carers,

This year our school has registered with the British Heart Foundation's Jump Rope for Heart programme. This programme recognises the important role that regular physical activity plays in maintaining and improving health and aims to introduce students to the massive potential of skipping and associated health benefits through a series of structured PE lessons.

An important part of Jump Rope for Heart is the organisation of a *Jump Off*. This is a sponsored event which will take place at the end of a progressive series of skipping lessons and will enable the children to demonstrate, through a number of activities, how they have developed their skipping ability.

The *Jump Off* provides an ideal opportunity for your child to take part in an excellent heart health activity in a relaxed and enjoyable atmosphere and, at the same time, to raise valuable sponsor money for the work of the British Heart Foundation, the nation's heart charity, and the school. Your child will have the opportunity to participate in the *Jump Off* and to find sponsors. 20% of the money raised will be retained by the school to boost our school funds. The rest of the money is sent to the British Heart Foundation and will be used to fund pioneering research into the causes and treatment of heart disease among men, women and children, lifesaving cardiac equipment, BHF nurses and health education.

Our *Jump Off* will be held on **Friday 6th February**. We would greatly appreciate any support you can give your child with their fundraising, e.g. by asking your friends and family to sponsor them.

Please find attached the sponsorship form. We would appreciate it if you would do your best to get as many sponsors as you can and return the money and sponsor form to the school after the event.

We hope you will support your child, your school and the British Heart Foundation in this very worthwhile programme.

Yours faithfully

Charlotte Thorn

Charlotte Thorn
PE & Sports Leader





On Friday 6th February come to school dressed in **Red** sporty clothing to help raise awareness for

The British Heart Foundation.

Make sure you wear trainers or plimsolls so you can take part in the sponsored skip too!

Donations can be made on the day or through the sponsorship form attached.



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