



**WOOD END
INFANT SCHOOL**

Non Statutory Policy

Physical Activity Policy

Committee with oversight for this policy – Teaching & Learning	
Policy to be signed off by the Headteacher	
Policy last reviewed by the Teaching & Learning Committee	N/A
Policy last ratified and adopted by Headteacher	16/05/2016
Policy / Document due for review	May 2019

Lucy Rodgers
Headteacher
16 May 2016

This policy was ratified and adopted by Lucy Rodgers who was the Headteacher until 31 August 2016. Madhu Bhachu, Headteacher since 1 September 2016, supports this policy and adopts it as the current Headteacher.

Wood End Infant School

Physical Activity Policy

INTRODUCTION

Wood End Infant school is committed to promoting the health and well-being of its pupils and staff through physical activity. This policy outlines the organisation, teaching and management of physical activity at Wood End Infant School.

The policy was formulated through consultation with members of staff, governors, parents and pupils and implemented in May 2016.

ETHOS & ENVIRONMENT

Wood End Infant school strives to maximise opportunities for children, young people and all associated with the school to be physically active by promoting all avenues for activity. This includes the curriculum, environment and wider community.

PE & SPORTS LEADER

Mrs Katie Browne

PHYSICAL ACTIVITY AIMS & OBJECTIVES

Aim: To ensure that all aspects of physical activity in school are promoted for the health and well-being of pupils, staff and visitors.

Our specific objectives are as follows:

1. To enable pupils and staff to understand the importance of physical activity through the provision of information and development of appropriate skills and attitudes
2. To provide and promote opportunities for staff and pupils to be physically active throughout and beyond the school day
3. To increase physical activity levels of pupils in line with national targets

EQUAL OPPORTUNITIES

All physical activity opportunities offered at Wood End Infant school are designed to be inclusive, and cater for different ability levels. For more information please refer to the Equality Plan.

RESOURCE PROVISION

Wood End Infant School has a multipurpose hall, which is equipped with portable and fixed apparatus for gymnastics and a wireless sound system to support the teaching of dance. For the teaching of games, there is a large playground, with markings and a large field. An annual audit of all physical education equipment is conducted by the PE Leader in order to prioritise any necessary expenditure for the year. Resources for games, dance and outdoor activities can be found in the PE cupboard and the shed. All pupils in Key Stage 1 receive two PE lessons per week, specialist sports coaches (ELMS) deliver weekly sessions to all pupils on a rotational basis. Pupils in Reception and Year 1 receive weekly Football lessons (3 half terms per year) from QPR. The foundation stage offer continuous activities addressing physical development (fine and gross motor) throughout the provision, for example; fixed climbing equipment, hoops, bats and balls.

STAFF RESPONSIBILITY & DEVELOPMENT

PE Leader: Katie Browne

Healthy Schools Leader: Katie Browne

School Travel Plan: Jackie Pusey

All teachers received CPD from ELMS in 2014/2015 and are continuously supported by the professional coaches and the PE leader. Our partnership with both ELMS and QPR has

widened the school's relationships with external agencies. As a result, pupils receive a high-quality PE curriculum and are enthusiastic about sport. Furthermore, all staff and coaches are skilled at identifying high achieving pupils and are quick to pass on these observations to parents, in order to foster their skills through extracurricular sports activities. In previous years ELMS coaches have participated in Key Stage 1 *Talent Time*, running sessions such as tennis and football. During these sessions the coaches would spot pupils with particular talents and/or skills and feedback to teaching staff. This proved highly successful and may be revisited in the future.

SPORTS PREMIUM

The government provides funds to every school through the Sports Premium Grant to support the delivery of PE and sport. The Sports Premium is to be spent on sport with the intended outcome that the quality of teaching and learning of PE are improved. Ofsted have strengthened its coverage of sport within the framework so that schools and inspectors are clear about how sport will be assessed in future as part of the overall provision offered by the school.

Each school received £8,000 plus £5 per pupil for pupils in Years 1-6. For our school this equates to £9,130. We are using this to:

- Provide professional coaches to teach P.E. once a week across KS1
- Run a sports session during weekly talent time. This gives the children the opportunity to explore, practice and reinforce new skills through a variety of sports, e.g. Tennis, football, cricket, basketball etc.
- Run extra year group sports afternoons throughout the year from Reception to Year two.
- Subsidise after school sports clubs for children entitled to Free School Meals.
- Produce planning documents that can be shared across year groups to enhance teaching and the provision of PE.

We carry out half termly reviews on progress and audit and assess need. Individual pupils who may have been targeted for intervention will be assessed at the start of the programme and reviewed on a half termly basis.

Further information is available on the school website including impact:

<http://www.woodendfirst.ealing.sch.uk/school/sports-premium/>

CURRICULUM PROVISION

Organisation

The PE programme in KS1 is taught by specialist coaches and class teachers.

Planning for the teachers weekly lessons was devised in collaboration with ELMS during the CPD programme in recent years.

Cross curricular links

Physical activity is encouraged throughout the KS1 curriculum in a variety of ways. For example; all classes follow a Primary Movement programme which supports both fine and gross motor skills to aid the development of handwriting. A variety of fine motor activities are also offered to targeted children across the Key Stage to support motor coordination and skills. In addition to this, Pupils with identified needs, such as dyspraxia, are supported by a specialist teacher through a motor coordination development programme (twice weekly). These sessions aid the development of balance, coordination and control, all of which impact on children's ability to maintain focus, thus impacting on their learning. The sessions have proved to not only have a positive impact on children's physical skills, but also their emotional wellbeing: they are more confident during independent learning tasks.

The opportunity for physical development and activity is continuously available throughout the EYFS provision. Reception pupils engage in 'get up and go' sessions each morning whereby they dance to familiar music and play action games. Both Nursery and Reception have a range of outdoor resources which support gross and fine motor development. Children are supported and encouraged to engage in these activities; teaching staff model healthy habits and explain the benefits and importance of being active.

Assessment

ELMS provide end of term assessments and QPR provide end of unit assessments, these are then passed onto the PE Leader. In addition, teachers make ongoing observational assessments which contribute to the end of year report for Parents and Carers.

EXTRA CURRICULAR PROVISION

Break times / lunch times

We have markings on the playground and fixed climbing apparatus in Reception and KS1 in order to stimulate children at playtimes. In KS1 there are a variety of resources which are stored in the shed and taken out at break and lunch times, these include; bats, balls, hoops, skipping ropes and skittles. During lunch times scooters are also provided.

Wet Play KS1: Each class has their own equipment to play with in their classes at lunchtimes. The children are responsible for monitoring their equipment (stored in a box) and handing equipment out to their friends.

After school clubs

We provide tennis, football and dance after school club each week, both of which are run through outside agencies (ELMS and Agile Vibes). These clubs are well established and continue to be popular each term.

Special events

Throughout each school year we host a range of special events which with an active element, these include; Dance workshops, sports challenges to raise money for the British Heart Foundation and multi-sport activities to celebrate Sports Week.

ACTIVE TRAVEL

Please refer to the School Travel Plan for details of how we promote travel to school. We also take part in Walk to School Week annually.

STAFF ACTIVITY

Our staff aspires to be positive role models for our children. We aim to take part in physical activity whenever possible, for e.g. racing the children at sports day. Staff often play games with children at playtime and demonstrate physical activity during PE lessons.

HEALTH & SAFETY

Please refer to the school's health and safety policy and risk assessment file.

Use of any external personnel including sports coaches and volunteers will be in line with the schools policy on DBS / staffing checks.

MONITORING & EVALUATION

The PE leader will have lead responsibility for the monitoring of physical activity in the school, in collaboration with the Head Teacher. A range of measures will be used to evaluate impact of the policy in line with the Schools assessment and monitoring cycle.

Mrs Katie Browne